

CHARTER OAK GYMNASTICS

Fridays

\$55 Walnut Residents \$60 Non-Residents

Kiddie Gymnastics 3:30 pm to 4:10 pm

In Kiddie Gymnastics students 3 to 5 years of age will learn to have fun performing their gymnastic skills while being taught to use their strength, balance, and coordination.

#9401 Jan. 10 to Jan. 31

#9402 Feb. 14 to Mar. 6

Beginners Gymnastics 4:15 pm to 4:55 pm

Beginners Gymnastics class will teach students rolls, handstands, cartwheels and swings on various gymnastic equipment. Students will also be able to increase flexibility, strength and coordination.

Beginners gymnastics is made for ages 6 to 12.

#9403 Jan. 10 to Jan. 31

#9404 Feb. 14 to Mar. 6

Tumbling 5:00 pm to 5:40 pm

Charter Oak Tumbling class will teach students ages 6 to 17 years of age tumbling skills that will benefit cheerleading and martial art students.

Class will include warm-up exercises as well as strength training and flexibility. Students will train on our mini-trampoline, wedge mats, landing mats and spotting blocks.

#9405 Jan. 10 to Jan. 31

#9406 Feb. 14 to Mar. 6



**U.S.A Gymnastics
certified instructors!**

WINTER 2020

Resident Registration:

Monday, December 9, 2019

Non-Resident Registration:

Monday, December 16, 2019

For more information please contact the City of Walnut Gymnasium & Teen Center located at 21003 La Puente Road or call us at (909) 444-7959.

Visit our website at,
cityofwalnut.org